



SOLE BAR & RESTAURANT

FOOD SERVED DAILY FROM 11:00 AM

STARTERS

CRISPY CHICKEN WINGS

Served with a choice of BBQ, cajun or hot sauce finished with a blue cheese dip and celery sticks (1,7,12)

Starter
€10.50

Main
€14.50

HOT BEEF NACHOS

Spicy chilli nachos topped with slow-cooked chilli beef coated with mature red cheddar cheese, diced vine ripe tomatoes and wild chives finished with a home-made guacamole and sour cream (6,7,9)

Starter
€10.50

Main
€13.50

FISH TACOS

Fresh cod pieces coated in bread crumb, deep-fried until golden brown, served in a light corn taco wrap with a home-made guacamole, chopped tomato, fresh coriander and finished with a red cabbage salad and sweet chilli sauce (1,4,6)

Starter
€13.50

Main
€16.95

GARLIC STUFFED WILD MUSHROOMS

Wild mushroom cups filled with a blend of fresh mozzarella, cheddar cheese, roast garlic and fresh herbs cooked in a light butter, served with garlic chive mayonnaise and side salad (1,3,7)

€10.95

TIGER PRAWNS

Golden pan-fried tiger prawns with fresh garlic, mixed chilli and roast red pepper, finished with wild coriander & fresh lemon (1,3,4,7,9)

€13.50

SALADS

GRILLED CAJUN CHICKEN CAESAR SALAD

Marinated cajun chicken fillet set on a bed of fresh cos baby leaf with crispy smoked bacon, home-made garlic and herb croutons and finished with classic Italian caesar dressing & parmesan shavings (1,3,7)

€15.95

FOUR SEASONS SALAD

Crispy bacon with succulent turkey, cucumber, avocado, spring onion and free-range egg served with an tangy balsamic dressing in a mixed leaf and rocket salad (3,7,12)

€14.95

GOATS CHEESE & SWEET APPLE SALAD

Grilled goats cheese set on a toasted ciabatta bread finished with a mixed leaf and pepper rocket salad, red onions, cherry tomato and sliced sweet red apple topped with caramelized balsamic dressing (1,7,12)

€15.95

MAINS

FULL IRISH BREAKFAST

Sausages, rashers, poached, fried or scrambled eggs, black and white pudding, mushroom, tomato, potato cubes, beans and toast (1,3,6,7)

€15.95

GOLFER'S GRILL

4 Oz Striploin steak, crispy bacon, sausages, white pudding, grilled tomato and flat cap mushrooms with poached eggs served with home-cut chips and side salad (6,7,12)

€21.00

SOUTHERN FRIED CHICKEN BURGER

Marinated in a spicy buttermilk, coated in our own spice mix, oven baked served with a rocket lettuce, ballymaloe relish, fresh tomato, hand-made onion rings and finished with a chilli and lime mayonnaise served with a portion of fries (1,3,7,11)

€18.95

FISH & CHIPS

Fresh cod fillets in champagne & beer batter, served alongside hand cut chips, homemade tartar sauce and pea puree. (1,2,4,6,11)

€21.00

VEGGIE BURGER

Fresh chickpea patty with fresh chilli, coriander, red pepper and spring onion served on a brioche bun with ballymaloe relish, rocket lettuce, sliced tomato finished with a home-made onion ring and garlic and chive mayonnaise served with a portion of fries (1,3,6,7,9,12)

€17.50

8oz HOME-MADE CHARGRILLED BEEF BURGER

Served on a brioche bun with smoked streaky bacon, rocket, sliced tomato, fresh pickles and ballymaloe relish.
Served with Mature red cheddar and BBQ sauce or Montreal Jack cheese and red onion marmalade or Cashel blue cheese. Served with a portion of fries and homemade onion ring (1,3,7,8,10,12)

€19.25

CIABATTA STEAK SANDWICH

8 oz sirloin steak, sauteed onion and mushrooms served on a toasted ciabatta with pepper sauce with fresh home-cut chips & side salad (1,7,9)

€21.50

CHICKEN TIKKA CURRY

Pan-fried chicken strips, oriental vegetables tossed in homemade tikka curry sauce, served with basmati rice & fresh coriander and warm nan bread (6,7,10,11)

€18.95

TAGLIATELLE CHICKEN FUNGHI

Smoked bacon and wild mushroom carbonara tossed with tagliatelle pasta and a fresh garlic, white wine cream sauce finished with basil pesto and parmesan shavings (1,7,8)

€18.95

LEMON SOLE GOUJONS

Fresh lemon sole cut into strips and lightly coated in fresh breadcrumbs, fried to perfection, served with hand cut chips and a rocket salad with a light dill and lemon dressing (1,6,9)

€20.50

CANNELLONI

Freshly cooked pasta with a rich stuffing of fresh spinach, ricotta cheese, roast garlic and Italian sun-dried tomatoes finished with creamy bechamel, Italian tomato sauce and wild basil pesto (1,6,7,8)

€17.50

LASAGNE AL FORNO

Layers of pasta, rich, meaty bolognese ragu sauce, mozzarella cheese & creamy bechamel sauce oven baked and served with spicy wedges or side salad (1,3,7,9,10)

€17.50

SOUP & SAMBO

SOUP OF THE DAY

served with homemade brown soda bread (1, 7,8)

€6.95

WILD TURKEY CLUB

Tender strips of fresh turkey, crispy streaky bacon, fresh sliced tomato and rocket lettuce served toasted with homemade guacamole and curried mayonnaise. (1,3,7,10)

€12.50

CLASSIC BLT

Irish smoked streaky bacon, vine ripe tomato, mixed leaf finished with a homemade garlic mayo served on a toasted sourdough bread. (1,3,10)

€12.50

BREAKFAST BAP

Sausage, rasher, white pudding and fried egg served on a fresh flour bap. (1,3,7,12)

€12.50

Make it a combo, add soup or chips to any sambo

€14.95

KIDS MENU

CHICKEN TENDERS AND CHIPS (1,3,7,12)

€9.95

KIDS BURGER (1,3,12)

€9.95

SAUSAGE AND CHIPS (1,3,10,12)

€9.95

SELECTION OF PASTRIES

MUFFINS & SCONES SERVED WITH SELECTION OF JAMS OR CREAM
(1,3,6,7)

€4.95

CROISSANTS & PAIN AU CHOCOLAT (1,3,6,7)

€3.95

HOT BEVERAGES

Americano

€3.80

Cappuccino

€4.00

Latte

€4.00

Flat white

€3.80

Mocha

€4.00

Tea

€3.80

Herbal tea

€4.00

Alternative Milk

€0.60

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